

UCSC Resources & Reporting Options

A Comprehensive Guide to On-Campus, Local, and National Resources for Folks Impacted by Sexual Harassment, Sexual Violence, Dating/Domestic Violence, and Stalking

Confidential Resources

CARE Office

- Advocacy appointments are available remotely, via Zoom, during our usual office hours 9 am - 4 pm
- You have the option to call in, or use video as well
- You can make an appointment with an advocate by emailing us at care@ucsc.edu, filling out our appointment request form, or calling us at (831) 502-2273

Counseling and Psychological Services (CAPS)

- Provides UCSC students with a wide range of mental health and wellness services. We also provide preventative outreach and consultation services to the UCSC community. Counseling services are available for any registered UCSC student and are confidential
- There is no out-of-pocket fee for CAPS services, and you don't need UC SHIP or CruzCare to be seen at CAPS.
- CAPS services include groups, workshops, brief individual therapy, Let's Talk drop-in consultations, crisis intervention, referrals, brief couples or family counseling (depending on counselor availability), educational outreach (e.g., through workshops, our newsletter, and social media), and consultation for non-clients (e.g., staff, faculty, family members)
- (831) 459-2628

For more information, please visit <https://care.ucsc.edu/index.html>

Reporting Resources

Campus Reporting

Title IX Office

- A neutral office committed to safety, fairness, trauma-informed practices, and due process
- When the Title IX Office receives a report, it will prioritize the safety of the complainant when determining how to proceed. The Title IX Office can provide supportive measures in response to a complaint. Supportive measures may include but are not limited to: academic adjustments, changes in living arrangements, changes in class or work schedules, parking or transportation adjustments, and no contact directives.
- The Title IX Office has responsibility for the fact-finding portion of the process. While the Title IX Office may assist any complainants including: students, staff, faculty, and non-affiliates, they can only investigate policy violations if the respondent is a campus affiliate
- The Title IX Office and the disciplinary bodies only have authority over campus affiliates. The Title IX Office must ensure a fair and neutral investigative process. The Title IX Office does not represent either party during a complaint resolution process. Both parties are afforded the same rights to support services, information, and participation in the investigation process
- (831) 459-2462

Criminal Reporting

UC Police Department (UCPD)

- It is always a survivor's choice to report sexual violence as a crime. Survivors can file a police report, a restraining order, or press charges in a criminal court
- Our members are committed and focused on supporting our UCSC community by connecting, learning, working, and protecting. We provide service with integrity, determination, and respect. Diversity is woven into our department as our members are from varying backgrounds and experiences.
- (831) 459-2231



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Additional Resources

Student Health Center

- Provides quality health care focused on the particular needs of students. All registered students have access to the Student Health Center regardless of their insurance plan
- Our facility is staffed by board certified physicians, nurse practitioners, physician assistants, and nurses. Students are seen by appointment and in Same Day Clinic. In case of emergencies, either during the day or after normal operating hours, please call 911
- The Student Health Center offers routine medical appointments, same day care, counseling services, psychiatry services, nutritional counseling, health promotion programs, x-ray, and full laboratory and pharmacy services on site
- (831) 459-2211

Disability Resource Center

- Serves about 2500 students a year with various permanent disabilities, including: learning disabilities, Attention Deficit Disorder, visual, mobility and hearing impairments, psychological disabilities, and chronic systemic disorders (e.g. lupus, multiple sclerosis, diabetes, etc). We also serve students with temporary medical conditions such as broken bones, recovery from a medical procedure, and pregnancy related complications
- (831) 459-2089

Employee Assistance Program

- The University of California, Santa Cruz recognizes that problems of a personal nature may interfere with a faculty or staff member's well-being and ability to perform his or her job. The Employee Assistance Program is established to help deal with these problems
- (866) 808-6205

Slug Support

- The UCSC Slug Support Program was created to promote early intervention with students of concern to prevent culminating problems from escalating into a crisis. The goal of the Slug Support Program is to identify students of concern and develop an action plan focusing on retention through provision of support and resources
- Offers information, education, resources and support on issues such as Alcohol and other Drug Use, Sexually Transmitted Infections and Sexual Health, and College Life balance. All UCSC students are welcome and encouraged to drop in and speak with SHOP's trained staff
- (831) 459-4446

SHOP: Student Health Outreach and Promotion Program

- SHOP supports the mission of Student Health Services by fostering healthier lifestyle choices to reduce health risk factors, improve overall wellness and maintain a productive, active and successful student body
- (831) 459-3772

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Local/State Resources

Monarch Services

- Monarch Services is committed to serving everyone in our community, with a special commitment to women, youth, children, Latinas and other underserved groups
- 1-888-900-4232
- <http://www.monarchsc.org>

Walnut Avenue Family & Women's Center

- Walnut Avenue Family & Women's Center will continue to offer in-person services on a limited basis to be in compliance with government guidelines to support the safety of our community
- To stay up to date on changes as they occur and for additional support resources, please call our main office anytime between 9am-5pm, M-F: (831) 426-3062
- 24-hour domestic violence hotline: 1-866-269-2559
- <http://www.wawc.org>

Santa Cruz Police Department

- The Santa Cruz Police Department is committed to serving selflessly and compassionately, through collaboration and innovation. We will relentlessly pursue criminals to protect all lives and the property of all within our community. We chose to be transparent and responsive, while striving for excellence
- (831) 420-5800

Victim Witness

- The California Victim Compensation Board is a state program dedicated to providing reimbursement for many crime-related expenses to eligible victims who suffer physical injury or the threat of physical injury as a direct result of a violent crime. CalVCB funding comes from restitution paid by criminal offenders through fines, orders, penalty assessments and federal funds
- (831) 454-2400



Illustration by Monica Garwood

National Resources

RAINN (Rape, Abuse, & Incest National Network)

- Provides information and support for survivors of sexual violence
- 24/7 hotline and online chat for survivors
- (800) 656-HOPE(4673)

National DV Hotline

- Provides information and support for survivors of domestic/dating violence
- 24/7 hotline for survivors
- (800) 799-7233

National Center for Victims of Crime

- Provides information, support, and advocacy for survivors of crime
- 24/7 helpline and online chat for survivors of crime
- (855)4VICTIM

FORGE

- A national transgender anti-violence organization that provides direct services to transgender, gender non-conforming and gender non-binary survivors of sexual assault, dating and domestic violence and/or stalking
- <https://forge-forward.org/>

For more information, please visit <https://care.ucsc.edu/index.html>

