

UCSD Resources & Reporting Options

A Comprehensive Guide to On-Campus, Local, and National Resources for Folks Impacted by Sexual Harassment, Sexual Violence, Dating/Domestic Violence, and Stalking

Confidential Resources

CARE at the Sexual Assault Resource Center

- Offers free and confidential support services for all UC San Diego students, staff, and faculty impacted by sexual assault, relationship violence, and stalking
- A counselor will answer and will ask for the caller's name and phone number
- You may provide them with any name you are comfortable giving. If you would prefer to remain anonymous, you have that option but it may impact the types of services we are able to provide
- You may have someone you trust call for you if you feel uncomfortable calling yourself
- (858) 534-5793

Counseling and Psychological Services (CAPS)

- CAPS provides confidential counseling such as individual, group, couples and family psychotherapy for registered UCSD undergraduate and graduate students
- (858) 534-3755.

Student Legal Services

- Student Legal Services offers free and confidential counseling on legal topics for individuals and/or groups as well as referrals to a private attorney
- (858) 534-4374

For more information, please visit <https://care.ucsd.edu/>

Reporting Resources

CARE Advocates

- You are entitled to have the assistance of a trained victim advocate at all times (Penal Code 679.04)
- The information you choose to share with your CARE Advocate is privileged, protected, and therefore **confidential**
- Are trained professional staff that assist victims/survivors of sexual assault, relationship violence, and stalking
- Can be with you during interviews, phone calls, line-ups, or any other proceedings that involve criminal or administrative report
- Provides accompaniment to case related meetings and/or hearings
- They do not share information with campus administrators, law enforcement, or any other entities unless you provide us with expressed written consent (with the clear exception of issues concerning possible child abuse, elder abuse, or threat to self or others)

UC San Diego Office for the Prevention of Harassment & Discrimination (OPHD) / Title IX Office

- The OPHD office is the office designated to receive reports of sexual harassment, sexual assault, dating and domestic violence, stalking, and discrimination
- You can make a report even if the harassment or violence occurred off campus
- You can choose to report to OPHD, the police, or both
- When an administrative complaint is made, the OPHD will respond with various options and measures. For more information about administrative procedures, contact OPHD at (858) 534-8298. An in-person report can be coordinate by a CARE Advocate, or by contacting OPHD directly

Reporting to the Police

- It is always a survivor's choice to report sexual violence as a crime, and it is an option at any time
- Survivors can file a police report, a restraining order, or press charges in a criminal court
- Crimes may be reported anonymously and confidentially to the UC San Diego Police at 858-534-HELP (4357)

Civil Reporting

- You may choose to file a civil suit or a protective/restraining order. You may contact CARE at the Sexual Assault Resource Center for free and confidential support and help with either of these processes



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Local/State Resources

Center for Community Solutions (CCS)

- This 24-hour, toll-free hotline connects San Diego County victims and survivors of domestic violence and sexual assault to community resources such as counseling, temporary housing, legal assistance, etc.
- 888-385-4657 (DVLINKS)

Women's Resource Center

- This 24-hour hotline connects victims and survivors to support services, counseling, shelter, and education in North San Diego County
- (760) 757-3500

San Diego Family Justice Center

- The FJC provides comprehensive, trauma-informed, wrap-around services for domestic violence survivors and their families
- (866) 933-HOPE(4673).

License to Freedom

- License to Freedom is a non-profit organization serving refugee and immigrant survivors of domestic and relationship abuse in the East County and San Diego region
- (619) 401-2800

YWCA San Diego

- This 24-hour domestic violence hotline connects survivors experiencing domestic violence and homelessness to residential programs and services
- (619) 234-3164

San Diego Stalking Hotline

- This hotline, hosted by the San Diego Stalking Strike Force, provides information and support to victims of stalking
- (619) 515-8900

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Sojourn

- Provides shelter services, support, 24/7 hotline, support groups, court advocacy, and legal assistance for survivors of domestic violence
- (310) 264-6644

Peace Over Violence

- Provides support, advocacy, information, referrals, accompaniment, counseling self-defense, and a 24/7 hotline for survivors of sexual violence
- (310) 392-8381

Jenese Center

- Provides shelter, support, information, and advocacy for survivors of domestic violence
- Provides 24/7 hotline for survivors of domestic violence
- (800) 479-7328

Los Angeles LGBT Center

- Provides support, information, and a safe environment for LGBTQ+ folk in the LA area
- (323) 993-7400

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National Resources

RAINN (Rape, Abuse, & Incest National Network)

- Provides information and support for survivors of sexual violence
- 24/7 hotline and online chat for survivors
- (800) 656-HOPE(4673)

National DV Hotline

- Provides information and support for survivors of domestic/dating violence
- 24/7 hotline for survivors
- (800) 799-7233

National Center for Victims of Crime

- Provides information, support, and advocacy for survivors of crime
- 24/7 helpline and online chat for survivors of crime
- (855)4VICTIM

FORGE

- A national transgender anti-violence organization that provides direct services to transgender, gender non-conforming and gender non-binary survivors of sexual assault, dating and domestic violence and/or stalking
- <https://forge-forward.org/>



Illustration by Monica Garwood

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